Health and Medical Professions Preparation Program

2020 Fall GBM
President & Vice President

- Oversee the rest of the subcommittees and plan org wide events
- Work with advisors at Healthbeat :)

Lauren Awaya
Reeya Shah
HEALTH BEAT
The pulse of health professions at UC San Diego

EXPLORE  PREPARE  APPLY

FOR MORE INFO: HEALTHBEAT.UCSD.EDU
HMP3 Committees:

Miss anything? More information can be found at:

HMP3.UCSD.EDU

Find us on Facebook at HMP3 at UCSD Group
Communications & Outreach

- Communications is in charge of maintaining the website, creating the newsletter, and supporting the outreach chair.

- Outreach is responsible for managing HMP3’s main social media accounts, coordinating external publicity requests, and supporting the comm. Chair. No subcommittee.

Check us out here:

- Instagram: @hmp3.ucsd
  - @hmp3program
  - @hop
  - @hmp3search

- Facebook: @HMP3atUCSD
Finance

- Responsible for managing detailed financial records, maintaining the HMP3 bank account, helping to fund events that are put on by HMP3’s subcommittees, and supporting the rest of executive board for any task
- No subcommittee
Service

Description
- The Service Committee seeks to strengthen student applications through community service and community outreach. Activities for service committee can be an invaluable asset for any professional resume. Our goal is to help pre-health students gain experience in serving the student community and in leadership.

Events:
- Military Careers in Medicine Panel
- Volunteering During the Pandemic Panel
- Service Fair (Winter Quarter)
- Charity Night (Spring Quarter)

Positions Available:
- Finance (2)
- Events Chair (2)
- Publicity (2)
Program

- Program Committee puts on the core, large scale events that benefit the general undergraduate pre-health community at UCSD.

Events
- What to do with a Biology Degree
  - Saturday, Oct.3rd
- MD/DO Panel
- Post-bacc/ Master’s/ MD-PhD
- Pre-Health Fair
- Speed Dating with Specialties

Instagram:
- @hmp3program
- Can register for event in linktree :)

Positions Available:
- Secretary
- Publicity/Outreach (3)
- Event Coordinators/Logistics (2)
Med Talks

Description

+ Speaker panels and Ted talks for health professionals to speak about their diverse experiences in pursuing their careers and where they are now
+ Also with a unique spotlight on mental health experiences that they have faced in their journey

Fall: Navigating the New Normal

OCT 14: Co-Chair Couch Chat: What is our new normal?
- Join us for a casual couch-chat and learn how to make some origami figures! :) Get to know us and hear our tips for remote schooling!

OCT 26: Coping with COVID: Dr. Abaci, Chronic Pain Doctor
- Speaker panel featuring Dr. Abaci and his team on: adapting to the pandemic, mental health experience as a student and a doctor, and student involvement in the health field during SIP

Future plans...
- Alternative Paths to Medicine, STUDENT speaker panels, Ted Talks, and many more couch chats on topics chosen by YOU!

Positions open!
1. Publicity (two spots)
2. Secretary (one spot)
MEDS

Description

- MEDS is an annual pre-health conference held at the UCSD School of Medicine. It is an all-day event with presenters, panels, and workshops that aims to help guide undergraduate students on their pre-health/pre-medical journey. Many of the speakers are healthcare professionals who also are faculty at the School of Medicine or the Skaggs School of Pharmacy.

- For more information, please visit meds.ucsd.edu.

- Events
  - Be on the lookout for fundraising events
    - Fall Quarter
  - MEDS Conference in Winter Quarter
  - Check website for updates

- Subcommittee Positions
  - 4 positions -- no defined positions for each person
  - Help with Outreach, Publicity, Fundraising

Timothy, Kyle, & Grace
HOPE

- Health Opportunities Preparation & Empowerment (HOPE) is a student organization specifically targeting underrepresented minority, first-generation, and/or financially disadvantaged UCSD students.
- Our goal is to encourage underrepresented students to pursue a career in health care, and educate the participants about the opportunities available to them at UCSD.

➢ Upcoming events
  ○ Underrepresented in Medicine (URM) Medical Student Panel (Tuesday, October 13)
  ○ Resume Building Workshop (Fall quarter)
  ○ MD/PhD Outlet (Winter quarter)
  ○ URiM Conference (Spring quarter)

➢ Positions available: (4)
  ○ Secretary, Logistics, Publicity, Event Coordinator
HPMP

Health Professions Mentor Program hopes to match undergraduate students with a health professional who is in a field that interests the student for mentorship and possible shadowing opportunities. Our goal is to help students gain insight into their career of interest.

Important Fall Quarter Dates:

- November 2 (Monday of Week 5)
  - Mentorship Applications Available
- December 18 (Friday of Finals Week)
  - Mentorship Applications Due

Subcommittee Positions Available:

- 2 Association Coordinators
- 1 Publicity Chair
- 1 Historian
- 1 Website Coordinator
- 1 Secretary

Griffin Davis
Negin Samandari
SEARCH

Hosts panels and other informational events in healthcare fields that are not as widely known in the hopes of increasing awareness for the many career options available to pre-health students

Instagram: @hmp3search

Events
- What resources are available to premeds?
  - Week 4
  - Learn what resources are available to you and how to take advantage of them to succeed!
- Health Student panel
  - Week 7
  - Panel of people from various healthcare professions who can help you discover different career paths!

Positions available
- Outreach(2)
- Publicity(1)
Members at Large

Description
Board chairs from the previous academic year who want to help new board chairs with planning events and projects. When HMP3 is putting on events at full capacity, Members at Large can step in to host their own HMP3 events.

No subcommittee
Health Outreach Program (HOP)

- The Health Outreach Program holds educational workshops for underprivileged high school students. Through our interactive workshops, which include presentations, invited speakers, and Q&As, we teach students about a variety of careers in healthcare and equip them with necessary skills (i.e. public speaking, time management, etc.) that will help them achieve their goals.

**Positions Open:** Program Manager (1), Publicity Officer (1), Workshop Coordinators (2), Secretary (1)

**Upcoming Events:**
End of Nov - Workshop on MD/DO, Medical Specialities and Memorization Skills

**Check us out here:**
- Insta: @hop.hmp3
- FB: fb.me/hmp3hop
- Website: hmp3.ucsd.edu
Peer Mentor Program

- PMP pairs pre-health undergraduates with peer mentors who have similar interests and career aspirations

- Meant to foster personal and professional relationships that will lead to academic and career-based success, while promoting camaraderie within UCSD’s pre-health community

Events:

- PMP Social
- Meet potential mentors/mentees
- Week 3

- Commencement
- Find out who your mentor/mentee is!
- Week 8

Positions Available:

- Secretary
- Events Coordinator (2)
- Publicity/Outreach
Thanks for coming!

Subcommittee apps are now LIVE…